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1 **Postglacial wetland succession, carbon accumulation and forest dynamics on the east coast**
2 **of Vancouver Island, British Columbia, Canada**

3

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13

14 **ABSTRACT**

15 Peatland development and carbon accumulation on the Pacific coast of Canada have received
16 little attention in paleoecological studies despite wetlands being common landscape features.
17 Here, we present a multi-proxy paleoenvironmental study of an ombrotrophic bog in coastal
18 British Columbia. Following decreases in relative sea level, the wetland was isolated from
19 marine waters by 13,300 cal yr BP. Peat composition, non-pollen palynomorph, and C and N
20 analyses demonstrate terrestrialization from an oligotrophic lake to a marsh by 11,600 cal yr BP,
21 followed by development of a poor fen, and then a drier ombrotrophic bog by 8700 cal yr BP.
22 Maximum carbon accumulation occurred during the early Holocene fen stage, when seasonal
23 differences in insolation were amplified. This highlights the importance of seasonality in
24 constraining peatland carbon sequestration by enhancing productivity during summer and
25 reducing decomposition during winter. Pollen analysis shows that *Pinus contorta* dominated
26 regional forests by 14,000 cal yr BP. Warm and relatively dry summers in the early Holocene
27 allowed *Pseudotsuga menziesii* to dominate lowland forests 11,200–7000 cal yr BP. *Tsuga*
28 *heterophylla* and *P. menziesii* formed coniferous forest in the mid- and late Holocene. Tephra
29 matching the mid-Holocene Glacier Peak-Dusty Creek assemblage provides evidence of its most
30 northwesterly occurrence to date.

31

32 Keywords: peatlands; terrestrialization; carbon accumulation; nitrogen accumulation; pollen;
33 non-pollen palynomorphs; plant macrofossils; coniferous forest; Glacier Peak tephra; coastal
34 British Columbia

35

36 **INTRODUCTION**

37 Paleoecological studies along the north Pacific coast of North America have largely focussed on
38 inferring vegetation change since the last glacial maximum through pollen analysis of lake
39 sediments. This research has revealed a rich paleoecological history, marked by the early to mid-
40 Holocene establishment of temperate rainforests with some of the planet's largest stores of
41 above-ground biomass per unit area (Pan et al., 2013). Few studies have focussed on
42 understanding peatland dynamics in this maritime setting, despite wetlands being common
43 landscape features and important carbon (C) stores, and even fewer have inferred long-term rates
44 of C accumulation. At a slope bog on the north coast of British Columbia (BC), Turunen and
45 Turunen (2003) determined that peat accumulation began 12,000 cal yr BP via forest
46 paludification and that mean C accumulation rates over the last 8500 cal yr were only 8.6 g
47 C/m²/cal yr (Loisel et al., 2014). Lacourse and Davies (2015) documented a higher mean rate
48 (16.1 g C/m²/cal yr) for the last 10,000 cal yr at a flat *Sphagnum* bog on northern Vancouver
49 Island that formed through terrestrialization. These C accumulation rates are similar to rates at
50 peatlands to the north on the south coast of Alaska (9–19 g C/m²/cal yr: Jones and Yu, 2010;
51 Loisel et al., 2014; Nichols et al., 2014), but lower than Loisel et al.'s (2014) estimate for
52 northern peatlands generally (23 g C/m²/cal yr) and significantly lower than those in some
53 continental peatlands (~30 g C/m²/cal yr; Yu et al., 2014; Zhao et al., 2014). Documenting long-
54 term C accumulation rates, particularly in coastal BC where there are few studies, is important
55 for understanding peatland C sequestration, improving estimates of Holocene C stocks, and
56 clarifying the effects of climate change on peatlands and their role in global change as sinks and
57 sources of carbon dioxide and methane (Loisel et al., 2017).

58 This paper focusses on the paleoecology and C accumulation of a wetland on the east
59 coast of Vancouver Island, the largest island on the Pacific coast of North America. Vancouver
60 Island is separated from the BC mainland by channels that range in width from as little as a few
61 kilometers to as much as 55 km. The island is characterized by steep climatic and ecological
62 gradients due primarily to the Vancouver Island Ranges that run the length of the island (Fig. 1),
63 creating a rainshadow that is magnified further by the Olympic Mountains to the south in
64 Washington. Mean annual precipitation exceeds 3000 mm on the north and west coasts of the
65 island but is only 600 mm on the dry southeastern coast. Much of the BC coast supports closed-
66 canopy coniferous rainforest with bog-forest complexes that are particularly abundant along the
67 north coast. The narrow strip of lowlands on the southeast coast of Vancouver Is. (Fig. 1) are
68 characterized by long, dry summers and relatively open *Pseudotsuga menziesii*-dominated forest.

69 Here, we use multiple paleoenvironmental proxies to infer the developmental history of
70 an ombrotrophic bog on Vancouver Is. and changes in regional forest composition over the last
71 14,000 cal yr. We combine pollen, non-pollen palynomorphs, plant macrofossils and bulk
72 chemical analyses, including carbon (C) and nitrogen (N) isotopes, to document changes in
73 regional and local plant communities as well as hydrological and edaphic conditions. We also
74 compare long-term rates of C accumulation to other peatland records and Holocene climate
75 change. This study advances our understanding of wetland succession, long-term C accumulation
76 and peatland dynamics in a temperate maritime setting. We also further refine the
77 paleoecological history of coastal BC by providing a new pollen record of postglacial forest
78 dynamics from an area of the coast that has received little attention in previous research.

79

80 **STUDY SITE**

81 Grant's Bog (49°47.3'N, 125°07.6'W, 80 m asl) is located 7 km from the coast in the Black
82 Creek watershed of the eastern coastal lowlands of Vancouver Is., British Columbia (Fig. 1). The
83 area supports coniferous forest dominated by *Pseudotsuga menziesii* and *Tsuga heterophylla*.
84 Mean July temperature near the study site is 17.1°C, mean January temperature is 2.8°C, and the
85 number of frost-free days is at least 280 (Black Creek weather station; Environment Canada,
86 2018). Mean annual precipitation is 1645 mm/yr; summers are generally dry with most
87 precipitation falling as rain between October and March (Fig. 1).

88 Grant's Bog (informal name) is part of a 70-ha wetland complex that includes 7.5-ha of
89 marsh along the southwestern margin that is covered by emergent *Nuphar polysepala* with a
90 peripheral fringe of *Dulichium arundinaceum*, and a shallow, open-water pond (1.8 ha) in the
91 southeastern corner. These shallow-water ecosystems occupy slightly deeper topographic
92 depressions than the *Sphagnum*-ericad bog that characterizes most of the wetland complex. Plant
93 cover in the bog is dominated by *Sphagnum* mosses (*S. fuscum*, *S. angustifolium*, *S. capillifolium*,
94 *S. palustre*) and ericaceous shrubs (*Rhododendron groenlandicum*, *Kalmia microphylla* var.
95 *occidentalis*, *Vaccinium uliginosum*). Other common species include *V. oxycoccus*, *Rubus*
96 *chamaemorus*, *Eriophorum chamissonis*, *Rhynchospora alba* and *Drosera rotundifolia*.
97 *Empetrum nigrum*, *Myrica gale* and stunted *Pinus contorta* var. *contorta* are present in low
98 abundance. The water table in the bog was 16 cm below the surface at the coring location in July
99 2013 and mean water pH was 3.6. Golinski (2004) documented mean annual water table
100 fluctuations of 35 cm.

101

102 **METHODS**

103 A 810-cm peat and sediment core was collected from Grant's Bog in July 2013 using a 'Russian'
104 D-corer with a 50 cm-long and 5 cm-diameter semi-cylindrical chamber. We alternated between
105 two boreholes located 25 cm apart and collected sections with 10 cm of overlap. Nine AMS
106 radiocarbon ages were obtained on plant macrofossils or organic lake sediment (Table 1). Six of
107 these ages are at depths where a stratigraphic change occurs, which allows accumulation rates to
108 be more reliably estimated than dating at systematic intervals. The IntCal13 dataset (Reimer et
109 al., 2013) was used to calibrate ^{14}C ages to calendar years (cal yr BP). An age-depth model was
110 built on calendar age probability distributions and an age of -63 cal yr BP for the top of the core,
111 using 10,000 iterations of a smooth spline in the 'clam' package (Blaauw, 2010) in R (R Core
112 Team, 2017). The age at 727 cm on wood was excluded from the model because it is out of
113 stratigraphic order and considerably younger than the older ages immediately above and below.
114 The 'Bacon' package (Blaauw and Christen, 2011) was not used to build a chronology because
115 that approach produces a model that is more or less equivalent to linear interpolation but
116 discounts the ^{14}C age at 626 cm, which provides important chronological control on the
117 transition to a terrestrial environment.

118 Loss-on-ignition was conducted on $1-2\text{ cm}^3$ samples taken at 2–4 cm intervals along the
119 length of the core. Samples were dried at 105°C for 20 hr and then ignited at 550°C for 4 hr. C
120 and N analyses were conducted at a resolution of <150 cal yr between samples in the peat
121 portion of the core. Samples of $2-3\text{ cm}^3$ were dried for 48 hr at 55°C and ground to a fine
122 powder ($<125\text{ }\mu\text{m}$) with a Retsch MM 200 ball mill. Tin capsules ($5\times 8\text{ mm}$) were then packed
123 with 3–5 mg of homogenized peat and analyzed on a Costech ECS 4010 thermal combustion EA
124 coupled to a Thermo Finnigan DELTAplus Advantage IRMS. Replicate analyses were

125 conducted on 15% of samples. Standards including acetanilide (71.09% C and 10.36% N), peach
126 leaves (-25.95‰ $\delta^{13}\text{C}$ and 1.88‰ $\delta^{15}\text{N}$), and DORM (-17.27‰ $\delta^{13}\text{C}$ and 14.33‰ $\delta^{15}\text{N}$) were
127 included in every run. Accuracy based on these standards is better than $\pm 1.5\%$ for C and N,
128 $\pm 0.4\text{‰}$ for $\delta^{13}\text{C}$, and $\pm 0.2\text{‰}$ for $\delta^{15}\text{N}$.

129 Pollen and non-pollen palynomorphs (NPP) were identified in 1–2 cm³ samples ($n=102$)
130 that were treated with warm 10% KOH for 8 min, sieved through 150 μm mesh, and then treated
131 with warm acetolysis for 2.5 min and mounted in 2000 cs silicone oil. Samples below 744 cm in
132 the clay portion of the core were also treated with HF and sieved with 10 μm mesh. These five
133 samples were excluded from NPP analysis because HF destroys many of these remains. One
134 *Lycopodium* tablet of $18,584 \pm 829$ spores (Batch #177745) was added to each sample to
135 estimate palynomorph concentrations. At least 400 terrestrial pollen and spores, not including
136 *Sphagnum*, were identified in each sample. *Alnus* pollen were identified according to May and
137 Lacourse (2012). Non-pollen palynomorphs including fungal spores, algal remains, aquatic plant
138 microfossils and testate amoebae were identified using van Geel (1978), Pals et al. (1980),
139 Charman et al. (2000), Clarke (2003) and Payne et al. (2012). Pollen percentages are based on all
140 pollen and spores, except those from *Sphagnum* and obligate aquatic plants. Cluster analysis of
141 the pollen percentage data was based on all taxa exceeding 5% of the sum except *Sphagnum* and
142 aquatic taxa. Percentages were square root transformed and then analyzed using optimal splitting
143 by information content and a broken stick model (Bennett, 1996). Cluster analysis of the NPP
144 data was based on palynomorphs present in five or more samples using the same approach.

145 The $>150 \mu\text{m}$ fraction of pollen samples was used for estimating peat composition
146 following a quadrat technique similar to Barber et al. (1994). Each sample was poured into
147 gridded Petri dishes and all remains were identified in 15 randomly selected $1 \times 1 \text{ cm}^2$ quadrats.

148 Major peat components (herbaceous stems/leaves, moss stems/leaves, ligneous roots, ericad
149 leaves, and unidentifiable organic material) were enumerated and are expressed as percentages of
150 the total count in those quadrats. Other macrofossils (e.g., fungal sclerotia, *Nuphar* sclereids,
151 charcoal) encountered in the same 15 quadrats were also noted.

152

153 **RESULTS**

154 **Chronology, stratigraphy and peat composition**

155 The age-depth model for the Grant's Bog core estimated an age of 13,316 cal yr BP (12,390–
156 13,658 cal yr BP) for the base of the organic lake sediments at 744 cm (Fig. 2). Sediment and
157 peat accumulation rates are typically between 0.03 and 0.08 cm/cal yr, although rates increase
158 between 570 and 480 cm during accumulation of peat consisting mostly of herbaceous remains
159 (Fig. 3), reaching a maximum of 0.24 cm/cal yr at 525 cm (8900 cal yr BP).

160 The base of the core (810–744 cm) consists of clay (Fig. 3). Simple wet mounts of these
161 clays revealed marine diatoms (e.g. *Thalassiosira*, *Campylodiscus*) and *Dictyocha speculum*
162 silicoflagellates below 765 cm, but both marine and freshwater algae (e.g. *Thalassiosira*,
163 *Campylodiscus*, *Trachyneis aspera*, *Gyrosigma*, *Pediastrum*) between 765 and 744 cm. There is
164 an abrupt transition at 744 cm from clay to lake sediment (744–693 cm) and then a gradual
165 transition to limnic (possibly telmatic) peat by 693 cm. The limnic peat (693–628 cm) is
166 composed of 40–65% herbaceous remains and 25–45% unidentifiable organic matter (UOM),
167 but *Sphagnum* leaves and woody roots are also present (Fig. 3). *Nuphar* sclereids, likely derived
168 from *N. polysepala*, are more abundant in this limnic peat than in the underlying lake sediment
169 and are more or less absent above 618 cm. Peat consisting of 50–75% herbaceous remains and
170 ~20% *Sphagnum* leaves occurs between 628 and 490 cm. *Scirpus* and *Dulichium arundinaceum*

171 seeds and woody remains are also present and fungal sclerotia begin to appear more frequently
172 (Fig. 3). Well-preserved *Sphagnum*-dominated peat occurs between 490 and 390 cm. This is
173 overlain by mixed peat (390–234 cm) consisting of herbaceous, woody and *Sphagnum* remains
174 as well as a higher amount of UOM. Ericaceae leaves, mycorrhizal roots and fungal sclerotia
175 increase in this portion of the core. Peat dominated by herbaceous remains with abundant fungal
176 sclerotia occurs from 234 to 78 cm. Peat near the surface (78–0 cm) is mixed in composition but
177 marked by a notable increase in *Sphagnum* leaves. Macroscopic charcoal occurs throughout the
178 core but is most abundant between 240 and 84 cm (Fig. 3).

179 A 1 mm tephra horizon is present at 280.5 cm. The age-depth model predicts an age of
180 5800 cal yr BP (5410–5970 cal yr BP) for this depth. This is within uncertainty of the age of the
181 Glacier Peak-Dusty Creek tephra dated to 5120 ± 90 ^{14}C yr BP (5750–5940 cal yr BP) by Beget
182 (1981) via charcoal embedded within a pyroclastic flow deposit near the base of Glacier Peak.
183 Foit et al. (2004) report an interpolated age range of 5710–5880 cal yr BP for this tephra in lake
184 sediments from southeastern British Columbia. We attempted to verify the identity of the tephra
185 using electron microprobe analysis; however, the majority of the glass shards were too small for
186 analysis with a 5 μm beam and only two returned quantitative results (Supplementary Material).
187 For these two shards, a similarity coefficient of 0.93 shows that the glass composition matches
188 Glacier Peak-Dusty Creek tephra better than all other Holocene tephras documented in southern
189 British Columbia (Supplementary Material). The Glacier Peak-Dusty Creek tephra has not been
190 recognized previously on Vancouver Island; however, Hansen (1950) hypothesized that tephra at
191 depths of 2.8 and 3.0 m in a peat sequence at Black River Bog, ~5 km northwest of our study
192 site, was derived from Glacier Peak. Deposition of the Glacier Peak-Dusty Creek tephra at

193 Grant's Bog, 350 km northwest of its source, represents its most northwesterly occurrence to
194 date.

195

196 **Bulk chemical and isotopic records**

197 Changes in organic matter content (LOI) generally follow the overall stratigraphy. LOI increases
198 rapidly from 3% in the basal clays to 30–70% in the overlying lake sediment (Fig. 4). The limnic
199 peat is characterized by increasing LOI from 70 to 90%. LOI in the upper 6 m of terrestrial peat
200 is 95–99%, although there is a minor decrease to 91% at 194 cm, immediately above large pieces
201 of charcoal (0.5–1 cm³) that were observed during subsampling. Ash-free bulk density (AFBD)
202 is low in the basal clays (0.03 g/cm³) and then increases gradually from 0.05 to 0.13 g/cm³
203 between 744 and 194 cm, where it decreases abruptly to 0.07 g/cm³. AFBD remains more or less
204 at this lower density until 97 cm and then increases towards the surface.

205 Carbon and nitrogen also follow stratigraphic changes. Lake sediment at the base is about
206 30% C (Fig. 4). Carbon increases to 40% in the limnic peat and then to about 45% in the
207 overlying terrestrial peat. Nitrogen is 2–3% in the lake sediment and limnic peat, and decreases
208 gradually to about 1% in the terrestrial peat; however, there is a notable increase to 2–3% N
209 between 3500–2300 cal yr BP. The C:N is <20 in the lake sediment and limnic peat (i.e., before
210 10,000 cal yr BP) and then increases gradually to 50–80 between 8700–3800 cal yr BP during
211 accumulation of *Sphagnum* and mixed peat. Again, there is a notable decrease in C:N to 20–30
212 between 3500–2300 cal yr BP, before increasing to ~40 in the uppermost peat. $\delta^{13}\text{C}$ values are
213 less than –29‰ in the lake sediment and limnic peat, and increase to about –27‰ in the
214 terrestrial peat. $\delta^{15}\text{N}$ values are between –2‰ and 0‰ for much of the record. *Sphagnum* peat
215 that accumulated 8700–7750 cal yr BP is marked by a decrease in $\delta^{15}\text{N}$ to –3.4‰.

216 Carbon accumulation rates (CAR) are generally low (5–10 g C/m²/cal yr) in the lake
217 sediment and limnic peat (Fig. 5), but then begin to increase dramatically at ~9700 cal yr BP
218 during accumulation of peat consisting primarily of herbaceous remains, reaching a maximum of
219 81 g C/m²/cal yr at 8900 cal yr BP. Carbon accumulation varies between 10 and 30 g C/m²/cal yr
220 for much of the mid-Holocene and then increases in the uppermost peat to ~40 g C/m²/cal yr.
221 Nitrogen accumulation rates (NAR) are ~0.5 g N/m²/cal yr throughout most of the record (Fig.
222 5), but increase to 3 g N/m²/cal yr at 8900 cal yr BP. Mean CAR and NAR, weighted by
223 deposition time, are 19.5 g C/m²/cal yr and 0.56 g N/m²/cal yr, respectively, in the peat portion
224 of the record. Time-weighted mean CAR for the various peat types are as follows: 8.3 g C/m²/cal
225 yr in the limnic peat; 38.6 and 16.3 g C/m²/cal yr in the early and late Holocene herbaceous peat,
226 respectively; 33.3 g C/m²/cal yr in the mid-Holocene *Sphagnum* peat; and, 18.2 and 31.5 g
227 C/m²/cal yr in the mid- and late Holocene mixed peat, respectively.

228

229 **Non-pollen palynomorphs**

230 Cluster analysis identified five statistically significant non-pollen palynomorph (NPP)
231 assemblage zones (Fig. 6; Supplementary Material) that generally follow changes in stratigraphy
232 and C and N measurements. NPP assemblages in the lake sediment (13,300–11,600 cal yr BP)
233 and limnic peat (11,600–9900 cal yr BP) are dominated by freshwater diatoms and *Filinia* type
234 rotifer eggs, reflecting a freshwater environment. *Closterium* algae and fungal spores, including
235 ascospores of *Kretzschmaria deusta* (a parasitic fungus on wood and roots), are generally more
236 abundant in the limnic peat than the underlying lake sediment. NPP zone 2 (9800–8700 cal yr
237 BP) coincides with accumulation of herbaceous peat and is marked by increases in *Closterium*
238 algae, protists and Type 124 fungal spores. Assemblages in zone 3 (8700–4100 cal yr BP), which

239 corresponds with accumulation of *Sphagnum* and mixed peat, are characterized primarily by
240 *Assulina muscorum* and *Hyalosphenia subflava* protists, and *Entophlyctis lobata*,
241 Microthyriaceae and *Gaeumannomyces* fungal remains. Fewer NPP types are present between
242 4100 and 2750 cal yr BP (zone 4), when %N increases (Fig. 4); however, there are notable
243 increases in *Closterium* and Zygnemataceae algae and Type 124 fungal spores at this time (Fig.
244 6; Supplementary Material). Testate amoebae, particularly *H. subflava*, increase in the uppermost
245 NPP zone 5. *Gelasinospora* and *E. lobata* fungal remains are also common. A number of testate
246 amoebae including *Assulina muscorum*, *Arcella discoides* type, *Hyalosphenia papilio* and
247 *Trigonopyxis arcula* type increase in the upper 12 cm of the core (Supplementary Material).

248

249 **Pollen and spore assemblages**

250 Cluster analysis identified four statistically significant pollen assemblage zones (Fig. 7). Pollen
251 spectra between 14,000 and 13,300 cal yr BP, in the basal clays (zone 1), are 70–80% *Pinus*
252 *contorta* type, 10% *Alnus viridis* type and up to 10% Cyperaceae. *Picea*, *Abies*, *Salix*,
253 *Shepherdia canadensis*, Chenopodiaceae and Polypodiaceae are present in trace amounts. *Pinus*
254 *contorta* continues to dominate the pollen record in the lake sediments of zone 2 (13,300–11,200
255 cal yr BP). *Abies* and *Picea* also increase, and *Pseudotsuga menziesii* and *Tsuga heterophylla*
256 appear for the first time, although each of these account for less than 6%. *Alnus rubra* type
257 increases abruptly to account for ~15% and *A. viridis* type remains at ~10%. Pollen from
258 herbaceous plants and *Pteridium aquilinum* spores account for up to 4% and 7%, respectively.
259 Aquatic taxa (*Typha*, *Nuphar polysepala*, *Brasenia schreberi*) are present in low relative
260 abundance.

261 Pollen zone 3 (11,200–7800 cal yr BP) is marked by a dramatic decline in *Pinus contorta*
262 to 25% and a corresponding increase in *Pseudotsuga menziesii* to 30–40% (Fig. 7). *Tsuga*
263 *heterophylla* increases to 5–10% and *A. rubra* type accounts for 20–30%. There is an overall
264 increase in non-arboreal pollen with Cyperaceae accounting for up to 7% and other herbaceous
265 taxa including *Angelica* type and *Menyanthes trifoliata* accounting for another 3%. *Pteridium*
266 *aquilinum* reaches its maximum abundance (12%) in zone 3. Pollen from aquatics is relatively
267 abundant between 11,500 and 9700 cal yr BP during accumulation of limnic peat. Ericaceae
268 pollen begins to increase at 9700 cal yr BP when terrestrial peat dominated by herbaceous
269 remains begins accumulating. *Sphagnum* spores increase starting ~9500 cal yr BP, reaching 35–
270 60% between 8900 and 7750 cal yr BP during accumulation of *Sphagnum*-dominated peat.

271 Pollen zone 4 (7800 cal yr BP to the present) is dominated by three main taxa: *Tsuga*
272 *heterophylla* and *Alnus rubra* type, which are more abundant in subzone 4b, and *Pseudotsuga*
273 *menziesii*, which is more abundant in subzone 4a (Fig. 7). *Pinus contorta* type accounts for 10–
274 20% and Ericaceae increases relative to zone 3 with a few increases of up to 40%. There is also
275 an isolated increase in *Sanguisorba* to 15% at 2800 cal yr BP. *Myrica* increases over the last
276 2700 cal yr but does not exceed 5%. *Pteridium aquilinum* accounts for 5–10% in subzone 4a and
277 is present only intermittently in subzone 4b. *Sphagnum* spores are also generally more abundant
278 in 4a than 4b. The uppermost samples are marked by a large increase in the relative abundance of
279 *Alnus rubra*.

280

281 **DISCUSSION**

282 **Wetland succession and C accumulation at Grant's Bog**

283 The Grant's Bog core begins with marine clay deposited before 13,300 cal yr BP. This agrees
284 with Hutchinson et al.'s (2004) sea level reconstruction based on isolation basins and ¹⁴C-dated
285 marine shells and wood in glaciomarine deposits that infers subaerial exposure of this area at
286 13,500 cal yr BP. Clay deposition occurred initially in a nearshore, marine environment and then
287 in a brackish environment as relative sea level decreased.

288 A freshwater lake with *Nuphar polysepala* in low abundance and *Typha* and Cyperaceae
289 at the margins was in place by 13,300 cal yr BP (Figs. 3 and 7), after the basin became isolated
290 from marine waters. *Brasenia schreberi* was present in the lake by 12,700 cal yr BP (Fig. 7).
291 Organic lake sediment with 2–3% N and a C:N less than 20 (Fig. 4), which is similar to most
292 lakes (Meyers and Teranes, 2001), accumulated until 11,600 cal yr BP.

293 The gradual transition from organic lake sediment to limnic peat suggests the beginning
294 of terrestrialization with decreasing lake levels and/or a reduction in lake area as well as
295 increasing organic matter accumulation and potentially floating mat encroachment. Rotifer eggs,
296 freshwater diatoms, *Typha* pollen, and *N. polysepala* pollen and sclereids are abundant in the
297 limnic peat (Figs. 3, 6 and 7), suggesting the presence of standing water with emergent and
298 floating-leaf aquatics until 9900 cal yr BP. Sclereids provide structural support and in
299 Nymphaeaceae are more abundant in the petioles of erect aerial leaves than in floating lily pads
300 (Etnier and Villani, 2007). The increase in *Nuphar* sclereids during accumulation of limnic peat
301 (Fig. 3) likely reflects the presence of erect aerial leaves and/or an increase in the overall
302 abundance of *N. polysepala* linked to decreasing water levels, since these aquatic plants tend to
303 be most abundant in shallow-water wetlands and even occur in bog hollows on Vancouver Is.

304 today. *Angelica* type pollen (Fig. 7) suggests the nearby presence of *Angelica genuflexa*, a
305 species characteristic of coastal BC wetlands. The limnic peat is also characterized by relatively
306 high N (2–3%) and low $\delta^{13}\text{C}$ ($< -30\text{‰}$) due to the presence of aquatic plants and algal
307 communities, which tend to be N-rich and ^{13}C -poor (Meyers and Teranes, 2001; Talbot, 2001). C
308 and N accumulation are low during this marshy wetland stage (Fig. 5).

309 A small lake remains in the southeastern corner of the wetland complex today, but
310 terrestrialization was more or less complete at the coring location by 9900 cal yr BP. $\delta^{13}\text{C}$ values
311 become more positive in the warm, early Holocene (Fig. 4) and remain relatively high for the
312 rest of the record, reflecting peat accumulation in a terrestrial setting (Jones et al., 2010;
313 Andersson et al., 2012). Rapidly-accumulating herb-dominated peat with less UOM and a C:N
314 increasing to 25–40 (Figs. 3 and 4) suggests a short-lived poor fen stage until ~8700 cal yr BP.
315 Given the peat composition, the fen was likely dominated by sedges including *Dulichium*
316 *arundinaceum* and *Scirpus* (likely *S. microcarpus*), but *Sphagnum* macro-remains and spores,
317 ligneous roots, and Ericaceae, Cyperaceae and *Sanguisorba* pollen indicate diverse plant
318 communities were present. The abundance of *Menyanthes trifoliata* pollen, *Archerella flavum*
319 (syn. *Amphitrema flavum*) protists, and *Closterium* algae between 9700–8600 cal yr BP (Figs. 6
320 and 7) suggests wet conditions and a high water table.

321 Carbon and nitrogen accumulation increase dramatically during this fen stage, reaching
322 maximum apparent rates of 81 g C/m²/cal yr and 3 g N/m²/cal yr, respectively, at 8900 cal yr BP
323 (Fig. 5). These increases are linked to high peat accumulation rates (Fig. 2) combined with
324 increasing bulk density (Fig. 4), as opposed to high C and N contents (Fig. 4). Since these high C
325 and N accumulation rates are largely driven by a plateau in the age-model, the early Holocene
326 increase is better described using time-weighted mean rates i.e., 48 g C/m²/cal yr and 1.4 g

327 N/m²/cal yr. An early Holocene increase in C and N accumulation was also found at other
328 coastal BC peatlands (Turunen and Turunen, 2003; Lacourse and Davies, 2015) and is typical of
329 northern peatlands (Loisel et al., 2014) including those in Alaska (e.g., Jones and Yu, 2010).
330 These increases coincide with high summer insolation and the interval when seasonality in
331 temperature is maximized (Fig. 5). Warm summers and increased seasonality favour peat
332 accumulation by enhancing primary productivity during the growing season and reducing
333 decomposition during winter (Asada and Warner, 2005; Yu et al., 2013; Loisel et al., 2014).
334 Although the early Holocene was drier in coastal BC relative to modern (Walker and Pellatt,
335 2003; Brown et al., 2006), there was still sufficient moisture to promote peat accumulation and
336 carbon storage (Gallego-Sala et al., 2018).

337 Carbon and nitrogen accumulation decrease with the development of a *Sphagnum*-
338 dominated peatland ~8700 cal yr BP. At most peatlands in eastern North America, the transition
339 from fen to bog occurred later, in the mid- to late Holocene (Yu et al., 2013). The well-preserved
340 peat that accumulated at Grant's Bog ~8700–7750 cal yr BP is marked by an abundance of
341 *Sphagnum* leaves (Fig. 3) and spores (Fig. 7). In general, fluctuations in the abundance of
342 *Sphagnum* spores correlate well with changes in *Sphagnum* macro-remains, demonstrating that
343 spores can provide a reliable record of *Sphagnum* abundance in some cases (cf. Lacourse and
344 Davies, 2015). High C:N ratios of 60–80 and a notable decrease in $\delta^{15}\text{N}$ to -3.4‰ during this
345 early Holocene *Sphagnum* phase (Fig. 4) suggest a low water table (Asada et al., 2005),
346 reflecting the transition to ombrotrophy and a fully terrestrialized bog ecosystem. High
347 concentrations of *Assulina muscorum*, a testate amoeba that is often most abundant in
348 intermediate to dry peatlands (Charman et al., 2000; Payne et al., 2012), and remains from
349 saprotrophic fungi (e.g., *Entophlyctis lobata* sporangia), which require oxic conditions to be

350 major decomposers in peatlands, also suggest a lowering of relative water table depth compared
351 to the preceding fen stage (Fig. 6). Ligneous roots that record colonization of the bog surface by
352 woody plants are also present in this *Sphagnum* peat. Increases in Ericaceae leaf fragments (Fig.
353 3) and pollen (Fig. 7) suggest ericads were abundant in the plant community after 7750 cal yr BP
354 and further isolation of the bog surface from the water table, despite increasing precipitation
355 through the mid-Holocene (Brown et al., 2006).

356 Peat that accumulated in the mid-Holocene (7750–4700 cal yr BP) consists of a mixture
357 of herbaceous, woody and *Sphagnum* remains with generally more UOM than before or after
358 (Fig. 3). Increased decomposition in this portion of the record is also suggested by increases in
359 mycorrhizal roots and fungal remains such as sclerotia, *E. lobata* sporangia, and
360 *Gaeumannomyces* hyphopodia (Figs. 3 and 6). Isolated occurrences of *Drosera rotundifolia*
361 pollen suggest nutrient-poor, acidic conditions. These various lines of evidence along with
362 relatively high C:N of 40–60 (Fig. 4) indicate the site was an ombrotrophic peatland with mixed
363 plant communities for much of the mid-Holocene. Carbon accumulation rates are only 15–20 g
364 C/m²/cal yr between 7200 and 1300 cal yr BP (Fig. 5); peat bulk density and C content (Fig. 4)
365 are similar to the early Holocene, but accumulation rates (Fig. 2) are generally lower. Relative to
366 the early Holocene, climate was cooler, wetter and less seasonal in the mid- and late Holocene
367 (Walker and Pellatt, 2003; Brown et al., 2006; Lemmen and Lacourse, 2018). The abundance of
368 macroscopic charcoal between ~4800 and 1000 cal yr BP (Fig. 3) suggests fire occurred on or
369 near the peatland, despite a generally cooler, wetter climate.

370 Multiple proxies suggest changes in edaphic and hydrological conditions between 3500
371 and 2300 cal yr BP, likely as a result of disturbance by fire and subsequent flooding. The most
372 striking change during this interval is an increase in N to 2–3% that is accompanied by a

373 decrease in C:N to ~20 (Fig. 4), suggesting the surface of Grant's Bog was inundated. This
374 interpretation is supported by coincident changes in NPP assemblages including increases in
375 *Closterium* algae and diatoms (zone 4 in Fig. 6). The increase in Type 124 fungal spores,
376 probably derived from *Persiciospora*, suggests eutrophic to mesotrophic conditions (Bakker and
377 van Smeerdijk, 1982). A notable peak in *Sanguisorba* pollen and minor increases in *Salix* and
378 Cyperaceae (Fig. 7), as well as a decrease in woody roots and ericad leaf fragments (Fig. 3),
379 suggest a transition to plant communities more typical of fens than bogs in coastal BC. Large
380 pieces of charcoal occur at a depth of 194–198 cm (~3600 cal yr BP), just before the increase in
381 %N begins. Just above this, at 192–195 cm, there is a short-lived increase in ash content to 6–9%
382 (Fig. 4), likely associated with an accumulation of combustion residues. Since a visible ash layer
383 was not present, it is unlikely that the fire spread downwards to any great depth, as is the case in
384 smouldering peat fires that tend to leave several cm of ash (Zaccone et al., 2014). Together, these
385 various lines of evidence suggest the return to wet conditions and hydrosereal reversion to a poor
386 fen was initiated by fire, which would have enhanced nutrient availability and potentially altered
387 local hydrology, rather than changes in climate.

388 Over the last 2000 cal yr, peat dominated by herbaceous remains graded into mixed peat
389 with a C:N of ~40 (Fig. 4), indicating a return to drier surface conditions. *Hyalosphenia subflava*
390 testate amoebae and *Gelasinospora* fungal spores, both of which are typical of dry conditions
391 (Charman et al., 2000; Chambers et al., 2011; Payne et al., 2012), increase in the late Holocene
392 (Fig. 6). *Myrica*, a nitrogen-fixing shrub typical of coastal wetlands, also increases (Fig. 7).
393 Similar increases in *Myrica* occur in other pollen records from coastal BC (e.g., Mathewes, 1973;
394 Brown and Hebda, 2002; Lacourse, 2005), suggesting a region-wide expansion of these shrubs in
395 the late Holocene. At 1000 cal yr BP, there is a marked increase in *Sphagnum* leaves (Fig. 3) and

396 spores (Fig. 7) with the uppermost 72 cm of peat composed of 30–80% *Sphagnum* and up to 35%
397 ligneous roots. This is consistent with plant communities at Grant's Bog today, which are
398 dominated by ericaceous shrubs (*Rhododendron groenlandicum*, *Kalmia microphylla* var.
399 *occidentalis*, *Vaccinium uliginosum*) that tower above an almost complete moss cover of mostly
400 *Sphagnum fuscum*, *S. angustifolium* and *S. capillifolium*. Testate amoebae concentrations, most
401 notably *H. subflava*, increase in this well-preserved peat. In the uppermost 12 cm, which
402 corresponds with peat in the acrotelm, a number of other testate amoebae typically found in
403 nutrient-poor peatlands but with variable water table depths (Mitchell, 2004; Taylor et al., 2019)
404 increase (e.g., *Assulina muscorum*, *Arcella discoides* type, *Hyalosphenia papilio*) or appear for
405 the first time (e.g., *Trigonopyxis arcula* type, *Hyalosphenia elegans*) in the record (Fig. 6;
406 Supplementary Material). Carbon and nitrogen accumulation rates increase over the last 1500 cal
407 yr (Fig. 5), a trend found in most long-term records from northern peatlands (Loisel et al., 2014)
408 that is in part explained by a shorter interval for decomposition loss following accumulation.
409 Recent modelling efforts suggest C sequestration at mid- to high latitudes is likely to continue to
410 increase through the 21st century with further warming (Gallego-Sala et al., 2018).

411

412 **Postglacial Forest Dynamics near Grant's Bog**

413 The pollen record from Grant's Bog provides insight into local changes in wetland vegetation but
414 is primarily dominated by trees (Fig. 7), as would be expected given the high pollen productivity
415 and effective pollen dispersal of conifers, which have dominated vegetation communities in the
416 region since the late Pleistocene. There are few pollen records from central Vancouver Is.
417 (Hansen, 1950; Heusser, 1960; Fitton, 2003; Mazzucchi, 2010) to compare to the lowland record
418 from Grant's Bog. Most of these are from high elevations, have low sample resolution, and/or are

419 poorly dated. In general, the record from Grant's Bog provides a history of compositional
420 changes in forests that corresponds with expectations based on these and the many records to the
421 south (e.g., Mathewes, 1973; Pellatt et al., 2001; Brown and Hebda, 2002, 2003; Gavin et al.,
422 2013; Leopold et al., 2016) and north (e.g., Hebda, 1983; Lacourse, 2005; Galloway et al., 2007,
423 2009; Lacourse and Davies, 2015).

424 During and following the late-glacial decrease in relative sea level about 14,000 cal yr
425 BP, vegetation near Grant's Bog consisted primarily of *Pinus contorta*, as was the case along
426 much of the northeast Pacific coast at this time (Peteet, 1991; Lacourse, 2005; Lacourse et al.,
427 2005; Galloway et al., 2009; Gavin et al., 2013; Leopold et al. 2016). *Alnus viridis*, *Salix* and
428 *Shepherdia canadensis* shrubs were also present, making these early vegetation communities
429 near Grant's Bog similar to those that occurred at about the same time at low elevations on
430 northern Vancouver Is. (Lacourse, 2005) and the southeastern BC mainland (Mathewes, 1973).
431 Macroscale climate at this time was cool and likely drier, relative to modern (Heusser et al.,
432 1985; Kienast and MacKay, 2001; Lemmen and Lacourse, 2018).

433 *Pinus contorta* continued to dominate plant communities along much of the northeast
434 Pacific coast until the beginning of the Holocene. At Grant's Bog, high relative abundance of
435 *Pinus* pollen and moderate organic matter content suggest the presence of open *P. contorta*
436 forests until about 11,200 cal yr BP (Figs. 4 and 7). Pollen from *Alnus rubra* and more-shade
437 tolerant conifers including *Abies* and *Picea* increase during this interval, suggesting an increase
438 in forest density at least regionally, as some portion of these probably derive from long-distance
439 transport. *Pseudotsuga menziesii* first appears in the Grant's Bog record just before 13,000 cal yr
440 BP. Given the short dispersal distance of *P. menziesii* pollen (Tsukada, 1982), it is likely that

441 scattered individuals occurred near Grant's Bog by this time. *Pteridium aquilinum* ferns, which
442 often occur in association with *P. menziesii* in modern forests, also appeared at this time.

443 The increase in *P. contorta* pollen in the Grant's Bog record between 12,700 and 11,700
444 cal yr BP is accompanied by minor increases in *Abies* and *Picea* and a decrease in *A. rubra* (Fig.
445 7). There is also a notable decrease in organic matter content (Fig. 4), indicative of lower overall
446 productivity. The timing of these change suggests a link to Younger Dryas-related climate
447 change. Some paleoecological records from the northeast Pacific coast suggest cooling during
448 the Younger Dryas chronozone (Engstrom et al., 1990; Mathewes, 1993; Lacourse, 2005;
449 Galloway et al., 2007; 2009; Gavin et al., 2013), while others show little evidence of cooling at
450 this time (Brown and Hebda, 2003; Lacourse et al., 2005, 2012; Leopold et al., 2016). A
451 chironomid-based temperature reconstruction from the south coast of BC suggests a decrease of
452 as much as 3°C, relative to modern, during the Younger Dryas (Lemmen and Lacourse, 2018),
453 which is consistent with other paleotemperature records from the northeast Pacific (Kienast and
454 MacKay, 2001; Gavin et al., 2013). It is unlikely that the Younger Dryas on the northeast Pacific
455 coast was cool and dry, as it was at many locations around the North Atlantic and in northeast
456 Asia (Björck, 2007). Some of the strongest terrestrial evidence for cooling in the northeast
457 Pacific is an increase in *Tsuga mertensiana* (Mathewes, 1993; Lacourse, 2005), an indicator of
458 cool and moist climate. Recent modelling efforts suggest the Younger Dryas chronozone in the
459 northeast Pacific was characterized by an increase in moisture (Renssen et al., 2018).

460 At ~11,200 cal yr BP, there was a rapid transition to *Pseudotsuga menziesii* forest with
461 abundant *Pteridium aquilinum* ferns in the understorey. *Pseudotsuga* continued to dominate
462 forests near Grant's Bog until about 7000 cal yr BP. The expansion of *P. menziesii* populations is
463 a well-documented feature of Holocene vegetation change along the south coast of BC. During

464 the last glacial maximum, *P. menziesii* occurred south of the Cordilleran Ice Sheet in western
465 Washington and Oregon (Tsukada, 1982; Gugger and Sugita, 2010). Populations migrated north
466 as the ice sheet receded, reaching southern Vancouver Is. as early as 14,000 cal yr BP (Brown
467 and Hebda, 2003), east-central Vancouver Is. by 13,000 cal yr BP (this study), and northern
468 Vancouver Is. by ~11,000 cal yr BP (Lacourse, 2005; Lacourse and Davies, 2015), at an
469 approximate rate of 120 m/yr. Early Holocene warming allowed *P. menziesii* to become the
470 dominant conifer on southern (Pellatt et al., 2001) and central (this study) Vancouver Is. by
471 11,000 cal yr BP. It continues to be abundant near Grant's Bog today and to the south, but it has
472 been uncommon on northern Vancouver Is. since about 7500 cal yr BP (Lacourse, 2005;
473 Lacourse and Davies, 2015), when cooler and moister climate lead to contraction of its northern
474 limit (Gugger and Sugita, 2010).

475 *Alnus rubra* and *Tsuga heterophylla* pollen increase at Grant's Bog in the early Holocene,
476 but this is probably a reflection of their increasing populations throughout the region, rather than
477 an indication of high local abundance. Only a few Cupressaceae pollen grains, likely from *Thuja*
478 *plicata*, are present between 11,500 and 8000 cal yr BP (Fig. 7). Cupressaceae is otherwise
479 absent from the Grant's Bog record. This is unusual compared to Holocene pollen records to the
480 south (Pellatt et al., 2001; Lucas and Lacourse, 2013; Leopold et al., 2016) and north (Lacourse,
481 2005; Galloway et al., 2007), which contain small, but consistent amounts of Cupressaceae in the
482 early Holocene. Furthermore, most pollen records show increasing relative abundance of
483 Cupressaceae in the mid- to late Holocene as precipitation increased across the region (Brown et
484 al., 2006). However, there are a few records, mostly from eastern Vancouver Is. in the
485 rainshadow of the Vancouver Island Ranges (Brown and Hebda, 2003; Mazzucchi, 2010;
486 Lacourse and Davies, 2015), where Cupressaceae pollen is infrequent throughout the Holocene.

487 *Thuja plicata* is generally intolerant of dry conditions and is most abundant in wet coniferous
488 forests, although it can also occur in drier *P. menziesii* forests, at least on moister sites. Allen et
489 al. (1999) found little Cupressaceae pollen in modern surface samples from *P. menziesii* forests,
490 except at moist sites close to *Tsuga heterophylla*-dominated forest. The low relative abundance
491 of Cupressaceae in the Grant's Bog record suggests it was not abundant near the site.
492 Rainshadow effects including dry summers in particular likely created conditions with
493 insufficient moisture to support *Thuja plicata*.

494 Increasing precipitation and decreasing temperature in the mid- and late Holocene
495 (Walker and Pellatt, 2003; Brown et al., 2006) facilitated the expansion of *Tsuga heterophylla*
496 near Grant's Bog and throughout much of the region. Mid-Holocene forests near Grant's Bog
497 were composed primarily of *P. menziesii* and *T. heterophylla* with *P. aquilinum* ferns continuing
498 in the understorey. By 5000 cal yr BP, the abundance of *T. heterophylla* and *Alnus rubra*
499 increased further and *P. menziesii* and *P. aquilinum* decreased, which suggests an increase in
500 forest density and relatively closed canopies in these *T. heterophylla*–*P. menziesii* forests. The
501 uppermost pollen assemblages at Grant's Bog are characterized by an increase in *A. rubra* to
502 60–75%. A similar increase was found at Port McNeill Bog (Lacourse and Davies, 2015),
503 approximately 160 km to the northwest of Grant's Bog. Given this species tendency to colonize
504 disturbed sites, it is likely that at least some portion of this increase is linked to increased human
505 activity and logging in the region.

506

507 **CONCLUSIONS**

508 A complete terrestrialization sequence is recorded at Grant's Bog, starting with isolation of the
509 basin from marine waters by 13,300 cal yr BP due to decreases in relative sea level. Transition

510 from an oligotrophic lake to a shallow, marshy wetland with aquatic plants occurred by ~11,600
511 cal yr BP. This was followed by autogenic development of a poor fen by 9900 cal yr BP and then
512 a drier ombrotrophic bog by 8700 cal yr BP. Changes in multiple paleoenvironmental proxies
513 since the mid-Holocene point towards fluctuating edaphic and hydrological conditions and local
514 plant community composition, including hydroseral reversion to a poor fen 3500–2300 cal yr BP
515 following disturbance by fire.

516 Long-term mean C accumulation rates at peatlands on the northeast Pacific coast (this
517 study; Turunen and Turunen, 2003; Jones and Yu, 2010; Nichols et al., 2014; Lacourse and
518 Davies, 2015) are low compared to some continental peatlands (Yu et al., 2014; Zhao et al.,
519 2014), suggesting that seasonality plays an important role in constraining peatland C
520 sequestration. Mild year-round temperatures on the coast lead to long growing seasons and
521 enhanced primary productivity, but also to greater decomposition and lower net C storage
522 compared to inland peatlands with more seasonal climates (Asada and Warner, 2005). This
523 pattern is also true on long timescales at many sites including Grant's Bog, where the highest C
524 accumulation rates occurred during the early Holocene when summers were warmer and
525 seasonality was maximized. Carbon accumulation was high in the early Holocene but
526 comparatively low in the cooler, less seasonal late Holocene, despite accumulation of peat that is
527 similar in composition. Macroscale climate appears to be a more dominant control on long-term
528 C accumulation in peatlands than local, site-specific factors such as peat composition or
529 vegetation type. Further research comparing a large number of sites is needed to confirm this
530 general pattern.

531 The pollen record from Grant's Bog indicates that open *Pinus contorta*-dominated
532 communities were present by 14,000 cal yr. *Pseudotsuga menziesii* forest with abundant

533 *Pteridium aquilinum* ferns were established in the early Holocene and dominated coastal
534 lowlands until ~7000 cal yr BP. *Tsuga heterophylla* and *P. menziesii* formed closed-canopy
535 forests in the mid-Holocene. In contrast to most other pollen records from coastal BC,
536 Cupressaceae (*Thuja plicata*) appears never to have been abundant in forests near Grant's Bog.
537 Additional pollen records from eastern Vancouver Island should clarify the spatial extent of this
538 pattern.

539

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546

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737

738 **Tables**

739 Table 1. AMS radiocarbon and calibrated ages from Grant's Bog on Vancouver Island, British
740 Columbia.

741

742 **Figure Captions**

743 Figure 1. Map of Vancouver Island on the south coast of British Columbia, Canada showing the
744 location of Grant's Bog (star) and other paleoecological studies mentioned in the text: 1 – Two
745 Frog Lake and Tiny L. (Galloway et al., 2007, 2009), 2 – Bear Cove Bog (Hebda, 1983), 3 –
746 Misty L. (Lacourse, 2005), 4 – Port McNeill Bog (Lacourse and Davies, 2015), 5 – Harris Lake
747 Ridge Bog (Fitton, 2003) and Burman Pond (Mazzucchi, 2010), 6 – Turtle L. (Fitton, 2003); 7 –
748 Marion L. (Mathewes, 1973); 8 – Porphyry L. (Brown and Hebda, 2003); 9 – Roe L. (Lucas and
749 Lacourse, 2013), 10 – Saanich Inlet (Pellatt et al., 2001), 11 – Killebrew L. (Leopold et al.,
750 2016), 12 – East Sooke Fen (Brown and Hebda, 2002). Top inset shows location in North
751 America. Bottom inset shows monthly means of minimum and maximum temperature and
752 precipitation at nearby Black Creek climate station (Environment Canada, 2018).

753

754 Figure 2. Age-depth model for the Grant's Bog core from Vancouver Is., British Columbia. Grey
755 bands are 95% confidence intervals based on 10,000 model runs. The age at 727 cm was
756 excluded from the model. Glacier Peak-Dusty Creek tephra was not used to constrain the age
757 model; its depth and modelled age of 5800 cal yr BP are shown with dashed droplines.

758

759 Figure 3. Stratigraphy, peat components and plant macrofossils for the core from Grant's Bog on
760 Vancouver Is., British Columbia. Circles indicate depth of infrequent macrofossils. Note that the

761 charcoal scale is truncated. Glacier Peak-Dusty Creek tephra is shown as a horizontal line at 280
762 cm in the stratigraphic column. Triangles along the y-axis show the position of ^{14}C ages (Table
763 1) used to build the age model. UOM=Unidentifiable organic matter.

764

765 Figure 4. Stratigraphy and bulk chemical and isotopic records for Grant's Bog on Vancouver Is.,
766 British Columbia. See. Fig. 3 for stratigraphy legend. AFBD=Ash-free bulk density.

767

768 Figure 5. Carbon and nitrogen accumulation rates at Grant's Bog on Vancouver Is., British
769 Columbia. Mean accumulation rates in 500 cal yr bins are overlaid on apparent rates. Also
770 shown are % wet (black) and dry (grey) peat components from Fig. 3, C:N, and January and July
771 insolation anomaly at 50°N (Berger and Loutre, 1991). Grey box highlights the period of
772 maximum difference between January and July insolation.

773

774 Figure 6. Concentrations of abundant non-pollen palynomorphs at Grant's Bog on Vancouver Is.,
775 British Columbia. Other testate amoebae are mostly *Arcella discooides* type and *Hyalosphenia*
776 *papilio* but also include *Trigonopyxis arcula* type, *Assulina seminulum* and *H. elegans*. Note
777 changes in scale on x-axes. Numbers in parentheses are NPP types in van Geel (1978) and Pals et
778 al. (1980). See Fig. 3 for stratigraphy legend.

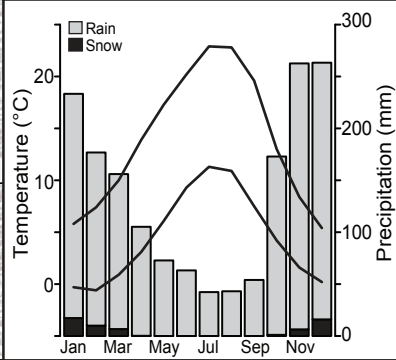
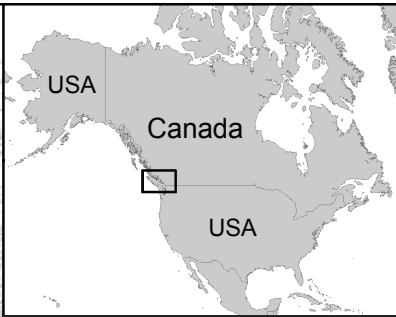
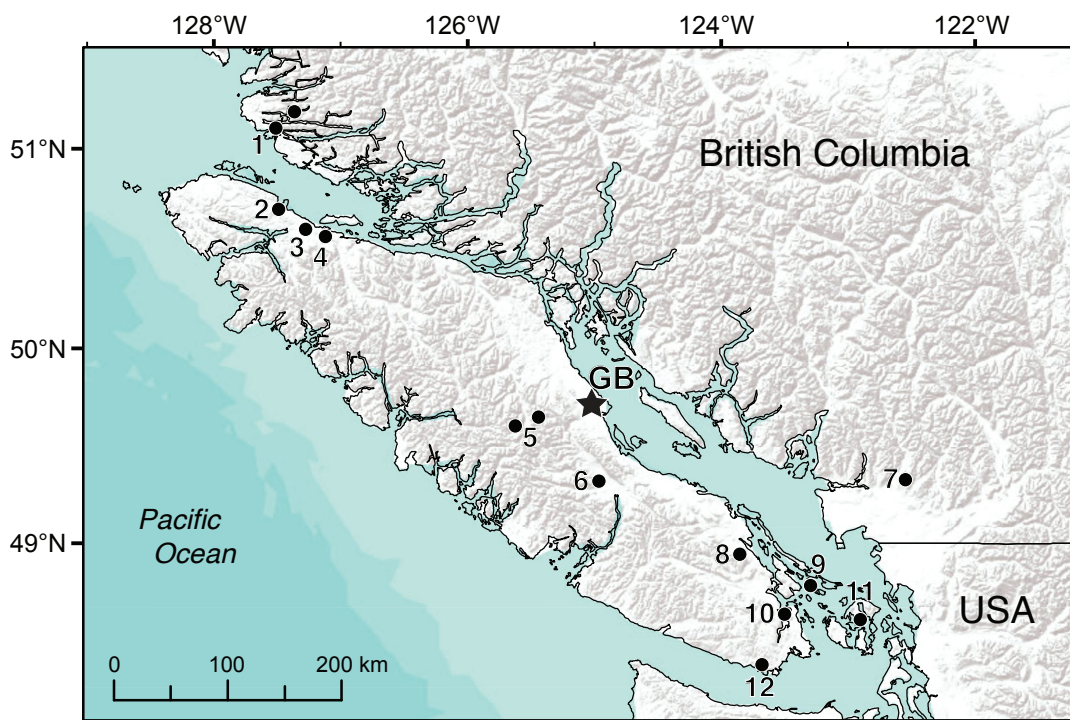
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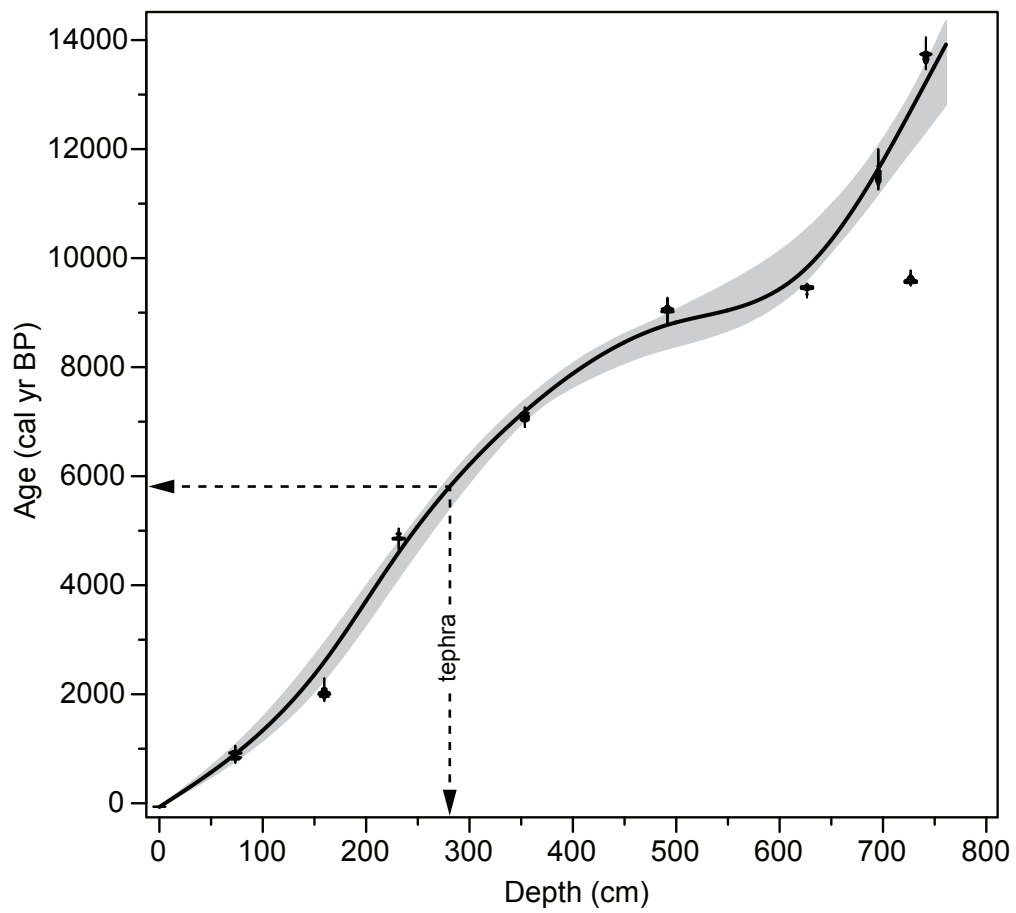
780 Figure 7. Pollen and spore percentages from Grant's Bog on Vancouver Is., British Columbia
781 with 5× exaggeration (grey silhouettes) for infrequent taxa. Ericaceae total includes *Empetrum*
782 *nigrum*, *Ledum* and *Vaccinium*, but is mostly undifferentiated Ericaceae pollen. Apiaceae is

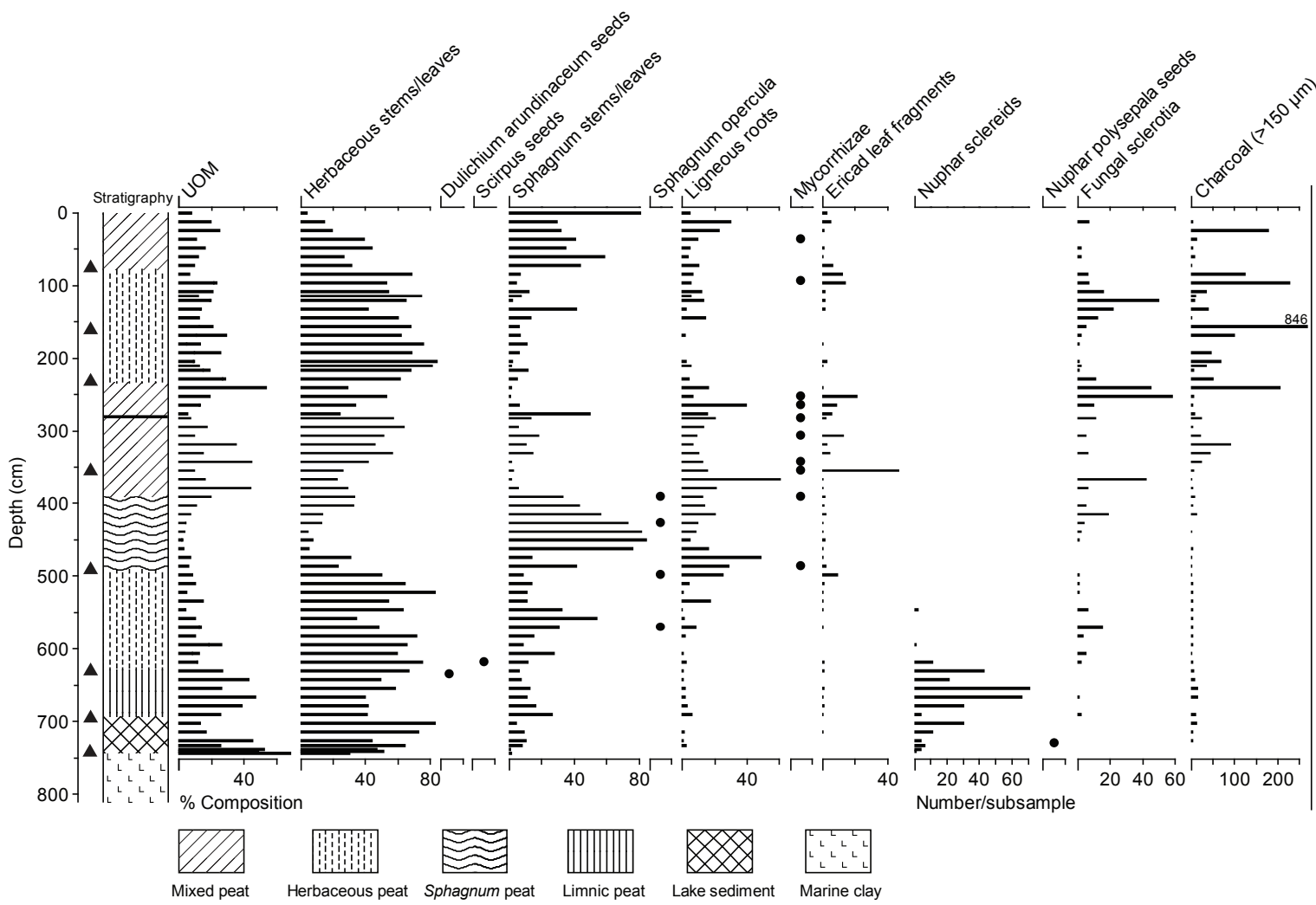
783 almost exclusively *Angelica* type. Order of taxa is based on weighted averages. Grey horizontal
784 band marks the Younger Dryas chronozone.

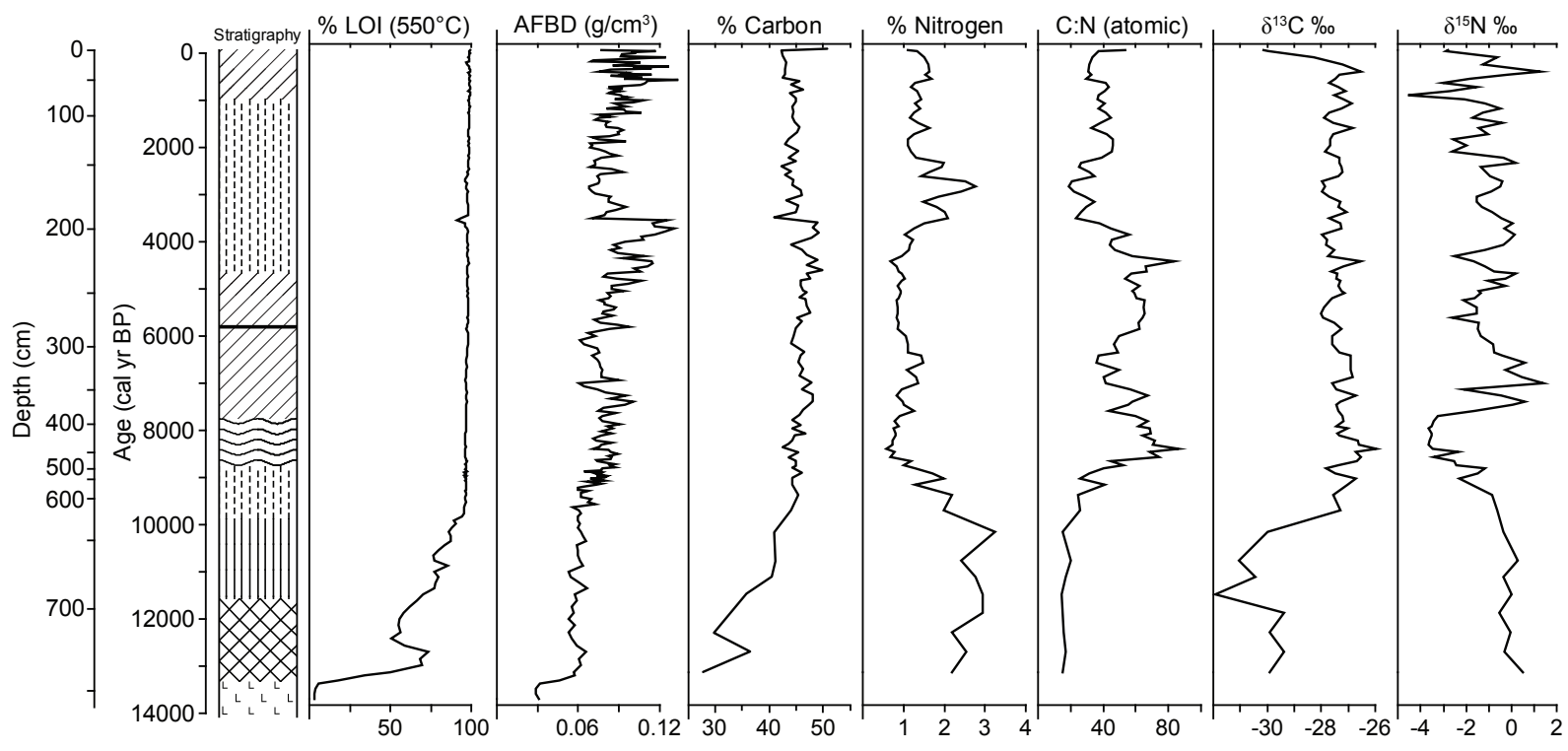
Table 1. AMS radiocarbon and calibrated ages from Grant's Bog on Vancouver Island, British Columbia.

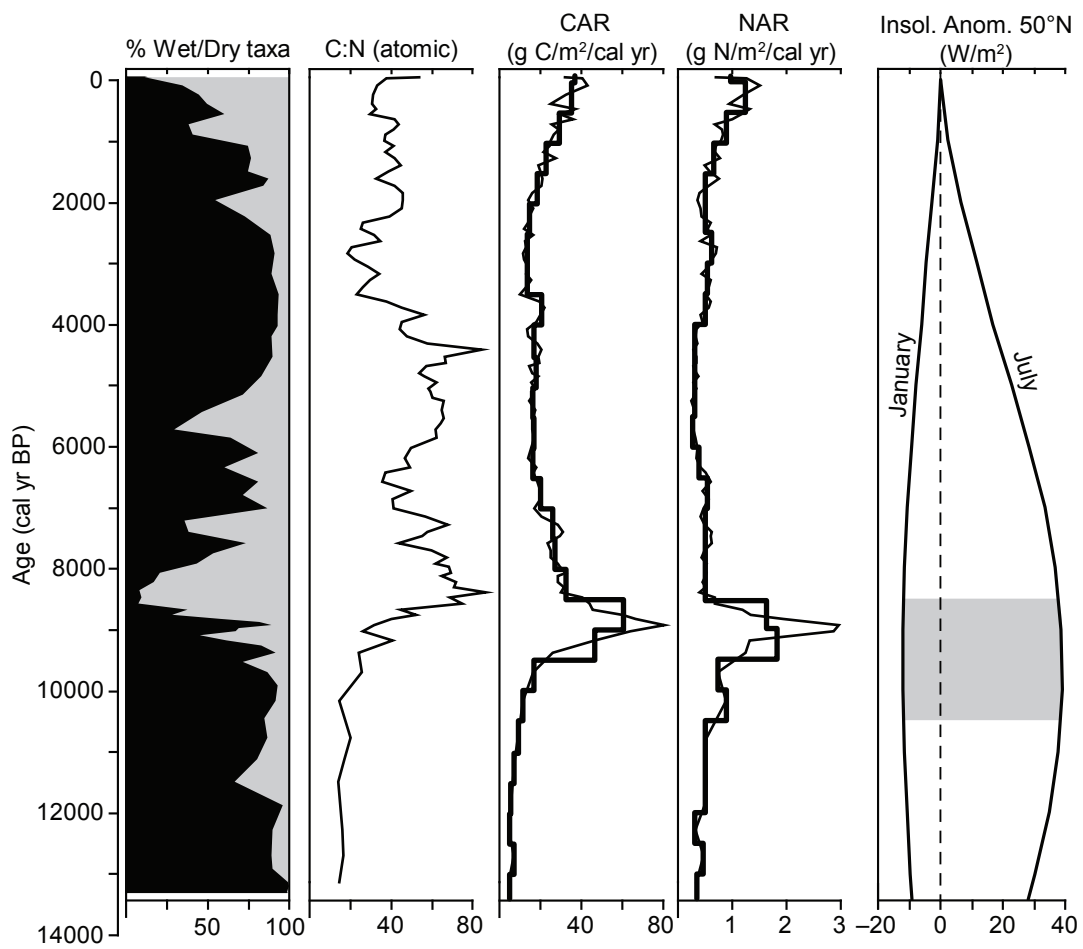
Depth (cm)	Material	$\delta^{13}\text{C}$ (‰)	Radiocarbon Age (^{14}C yr BP $\pm 1\sigma$)	2σ Calendar Age Range (cal yr BP)	Lab Code
73–74	Wood	–25.7	990 \pm 30	800 – 960	Beta-439738
159–160	Plant macrofossils (>180 μm) extracted from herbaceous peat	–26.4	2050 \pm 30	1930 – 2110	Beta-463068
231–232	Wood	–23.6	4300 \pm 30	4830 – 4960	Beta-439739
353–354	Plant macrofossils (>180 μm) extracted from ericad-herbaceous peat	–28.7	6190 \pm 30	6990 – 7170	Beta-463069
491–492	Wood	–28.2	8110 \pm 30	9000 – 9120	Beta-439740
626–627	Wood	–27.2	8420 \pm 30	9410 – 9520	Beta-439741
695–696	Organic lake sediment	–32.5	10,020 \pm 30	11,330 – 11,700	Beta-480750
726.5–727	Wood	–27.8	8640 \pm 30	9540 – 9670	Beta-439742
741–742	Organic lake sediment	–29.7	11,900 \pm 40	13,570 – 13,790	Beta-475650

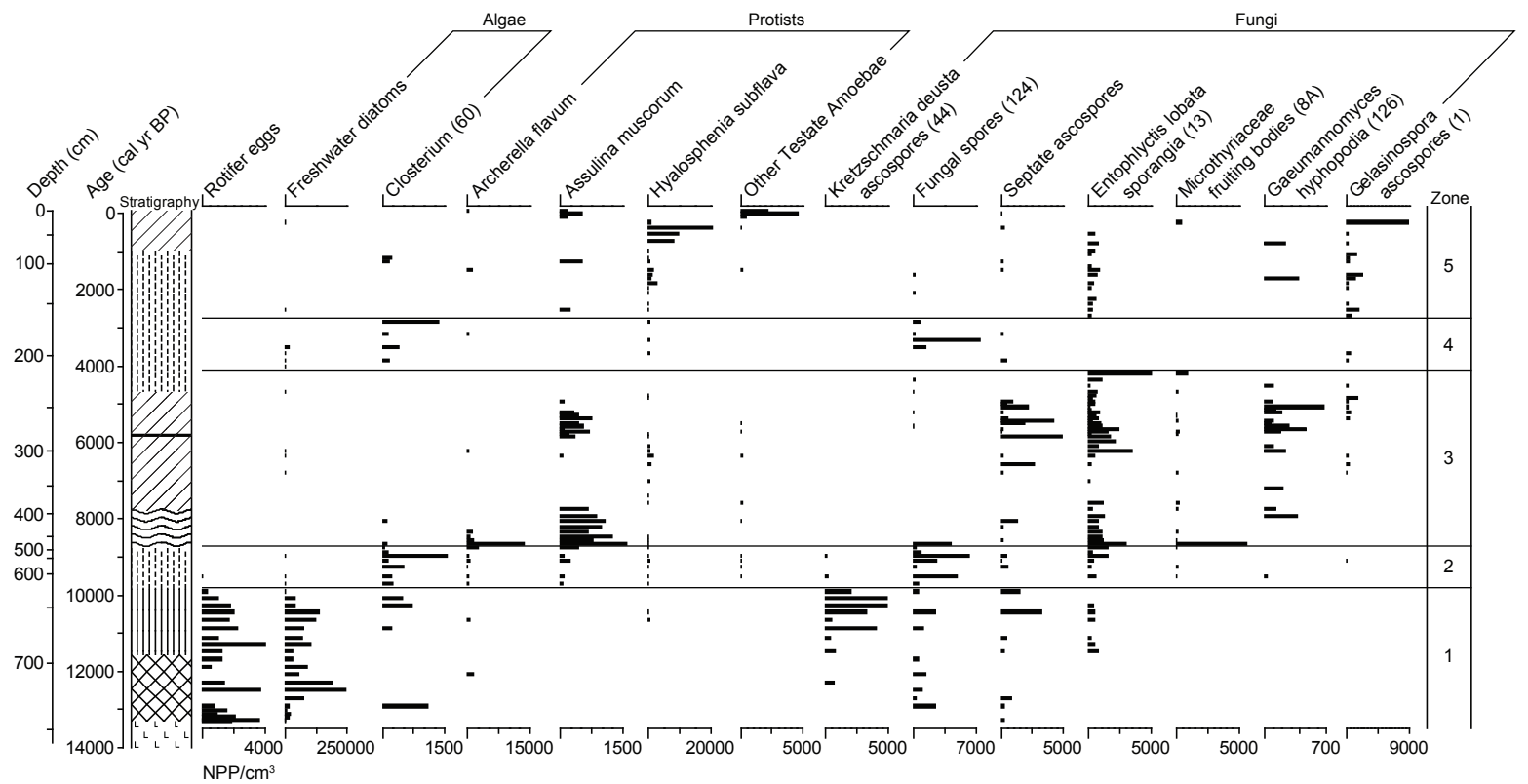


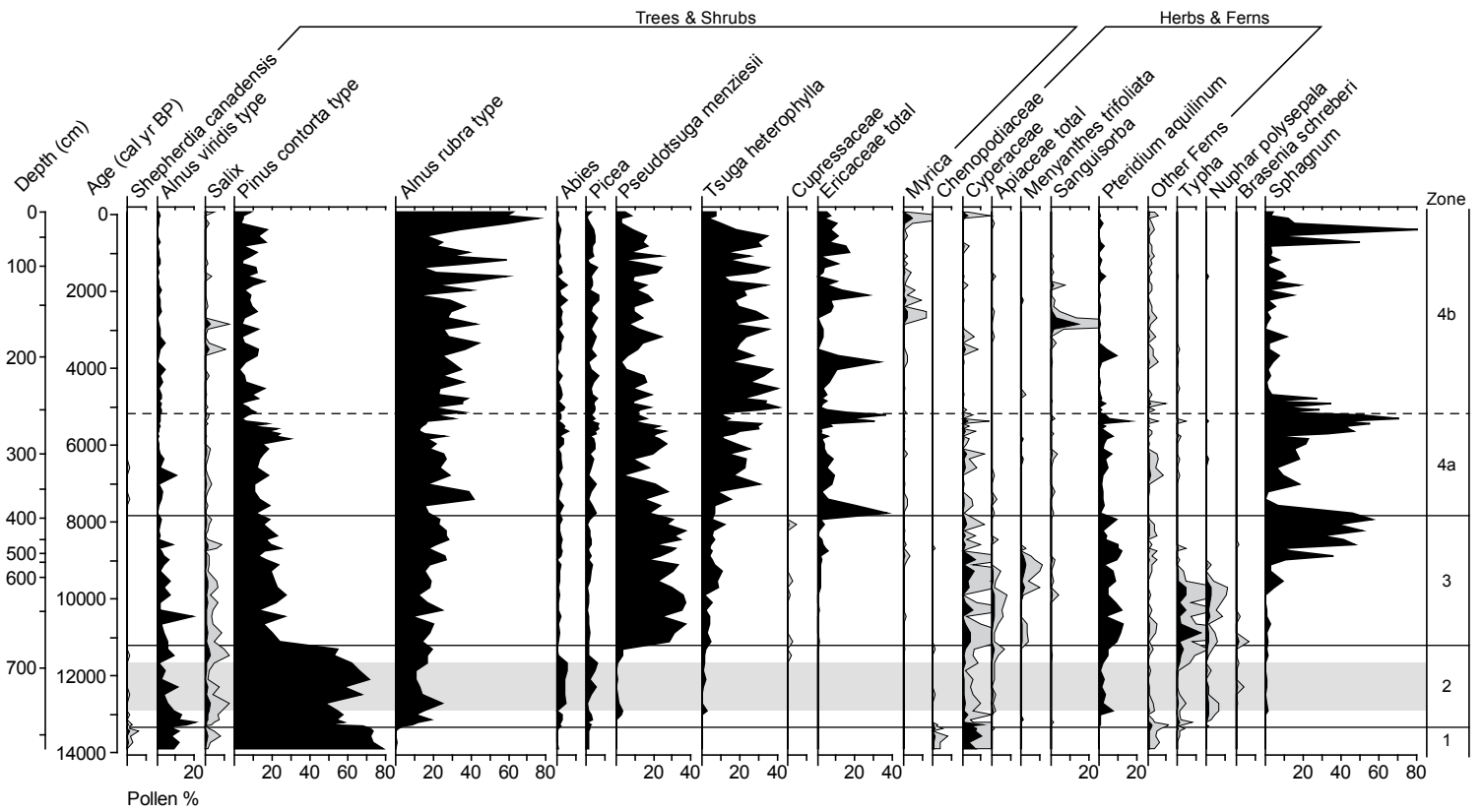




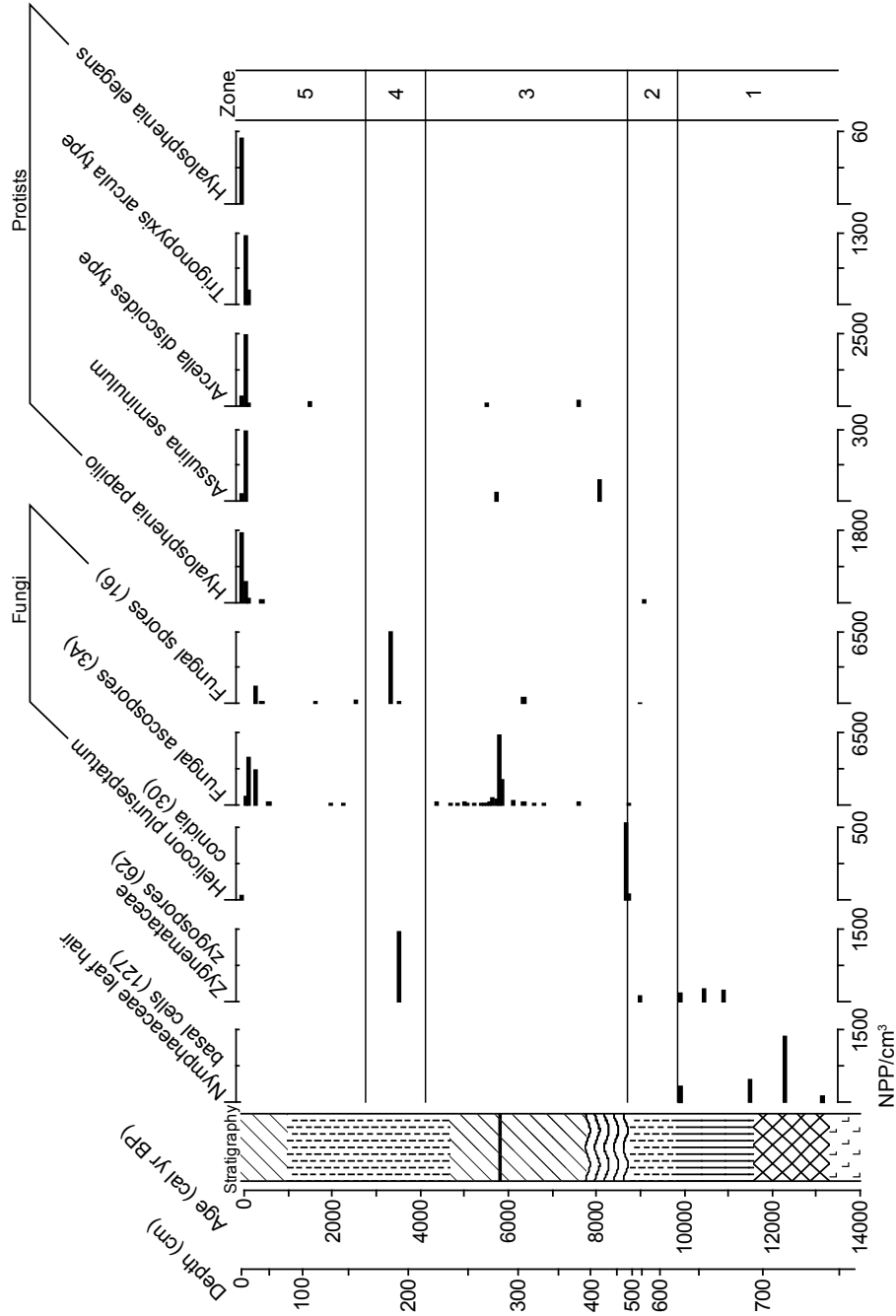








Supplementary Material for Lacourse et al. 2019. *Postglacial wetland succession, carbon accumulation and forest dynamics on the east coast of Vancouver Island, British Columbia, Canada. Quaternary Research.*



Supplementary Figure 1: Concentrations of infrequent non-pollen palynomorphs in the core from Grant's Bog on Vancouver Island, British Columbia. Note changes in scale on x-axes. Numbers in parentheses are NPP types in van Geel (1978) and Pals et al. (1980). See Fig. 3 of the paper for stratigraphy legend.

Electron microprobe analysis of tephra from Grant's Bog, Vancouver Island

Glass shards from peat at Grant's Bog were mounted in epoxy on a glass slide and polished to 0.25- μm diamond grit. We attempted to determine major element concentrations by electron microprobe analysis at the University of British Columbia. Operating conditions were 15 kV and 25 nA, with a 5 μm beam, with peak counting times as follows: Si, Al, K (15 s); Ti, Mn, Fe (25 s); Mg, Ca (20 sec); and Na (4 s). To limit volatilization by the electron beam, Na and K were counted first, and background counts were only made on first and last samples in the analytical run. Fragments of a Mt. Meager dacite glass were also analyzed to check for accuracy and showed results within 5% of values reported in Rust et al. (1999) for all elements except Na (20%) and Ti (25%), which occur at trace levels. The majority of the glass shards from Grant's Bog were too small for analysis with a 5 μm beam, and only 2 of 18 glass shards returned quantitative results. Nonetheless, we compared the mean composition of these two shards to nine other tephtras known to occur in southern British Columbia as well as two mid-Holocene tephtras from Alaska. Only the tephtra from Mount Mazama has ever been documented on Vancouver Island.

Glass shards at Grant's Bog are relatively high in SiO_2 and K_2O , and low in Al_2O_3 and Na_2O , making them similar to tephtras from Glacier Peak but dissimilar to those from other nearby possible sources (Supplementary Table 1 and Supplementary Figure 2). The highest similarity coefficient (0.93) is with the Glacier Peak-Dusty Creek tephtra that has been dated to 5120 ± 90 ^{14}C yr BP (5750–5940 cal yr BP) by Beget (1981) via charcoal embedded in pyroclastic flow near the base of Glacier Peak. Foit et al. (2004) report an interpolated age range of 5710–5880 cal yr BP for this tephtra in lake sediments from southeastern British Columbia. The age for the tephtra based on the Grant's Bog age-depth model (5800 cal yr BP) is within the uncertainty of both of these age estimates and provides further support that the tephtra at Grant's Bog is derived from the Glacier Peak-Dusty Creek assemblage.

Supplementary Table 1: Major element composition of glass shards (normalized to 100 wt. %) from Grant's Bog, Vancouver Island and various standards reported in the literature. The age-depth model for Grant's Bog predicts an age of 5800 cal yr BP (5410–5970 cal yr BP) for the depth of the tephra.

Shard	SiO ₂	TiO ₂	Al ₂ O ₃	Fe ₂ O ₃	MgO	CaO	Na ₂ O	K ₂ O	Cl	MnO	Total	Analytical Total
GB280-1	78.40	0.19	12.17	0.95	0.14	1.08	2.83	3.89	0.35	0.003	100	85.6
GB280-2	79.95	0.30	10.90	1.03	0.15	0.89	2.28	4.29	0.14	0.059	100	93.3
Mean	79.18	0.24	11.53	0.99	0.15	0.99	2.56	4.09	0.24	0.03	100	
Std. Dev.	1.10	0.08	0.90	0.05	0.01	0.13	0.39	0.29	0.15	0.04		

Tephra	SiO ₂	TiO ₂	Al ₂ O ₃	Fe ₂ O ₃	MgO	CaO	Na ₂ O	K ₂ O	SC ^a	Age (cal yr BP)
GP DC ^b	78.24	0.19	12.15	1.03	0.16	0.93	3.51	3.65	0.93	5750–5940
GP A ^c	77.35	0.38	12.32	1.41	0.18	0.86	3.28	4.10	0.88	~1700–2000
GP D ^d	78.16	0.38	11.68	1.35	0.13	0.71	3.42	4.10	0.87	~6000–6300
GP G ^e	77.41	0.18	12.73	1.03	0.23	1.21	3.62	3.39	0.87	13,410–13,710
GP B ^e	77.23	0.21	12.78	1.15	0.27	1.41	3.72	3.00	0.82	13,410–13,710
Oshetna ^f	72.55	0.43	14.63	2.29	0.66	2.31	4.20	2.72	0.80	~6500–7000
Aniakchak ^g	70.86	0.48	15.00	2.70	0.54	1.73	5.77	3.03	0.79	~3600
Meager ^h	75.21	0.34	13.52	1.59	0.35	1.28	4.51	3.25	0.77	2300–2400
MSH-P ⁱ	76.90	0.21	13.11	1.61	0.32	1.18	3.91	2.65	0.77	~2700–3000
MSH-Y ⁱ	76.40	0.14	13.71	1.37	0.31	1.56	4.21	2.22	0.72	~3400–3700
Mazama ^j	73.26	0.42	14.34	2.26	0.43	1.59	4.80	2.74	0.66	7580–7680

^a Similarity coefficient (SC) is the weighted average of the ratios between the mean composition of the Grant's Bog tephra and standards, after Borchardt et al. (1972), using all oxide concentrations except Cl and MnO. As per Foit et al. (2014), TiO₂ and MgO are weighted to 0.25 because of low concentrations and high relative error. Na₂O is also weighted to 0.25 because of volatilization of sodium that typically occurs during analysis of glass. A SC of 1 represents a perfect match.

^b Glacier Peak-Dusty Creek, north-western Washington: Hallett et al. (2001), Beget (1981, 1984)

^c Glacier Peak A, north-western Washington: Foit et al. (2004), Mastin and Waitt (2000)

^d Glacier Peak D, north-western Washington: Foit et al. (2004), Beget (1984)

^e Glacier Peak G and B, north-western Washington: Kuehn et al. (2009)

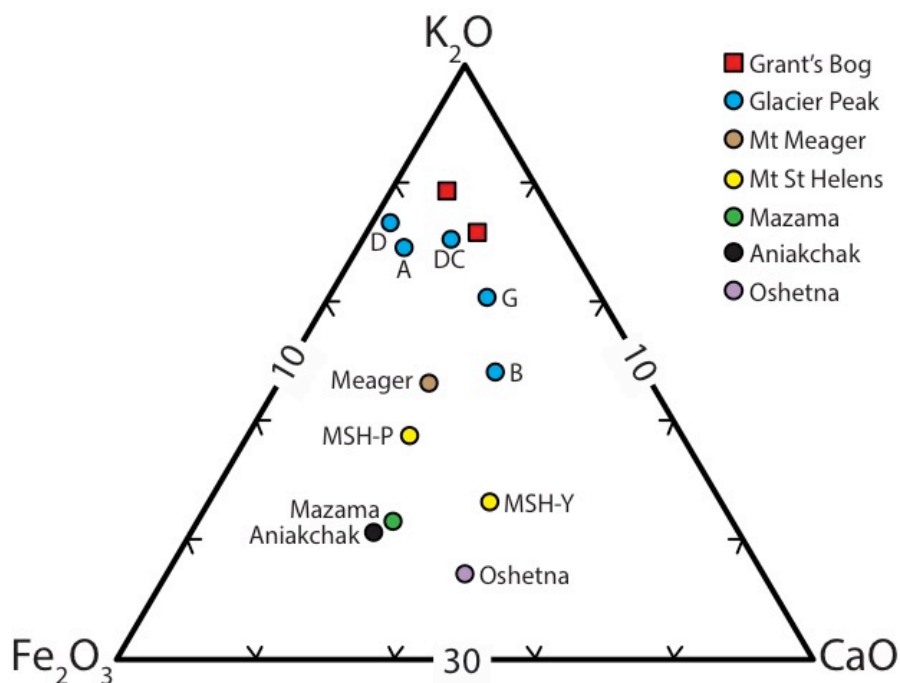
^f Oshetna, south-central Alaska: Child et al. (1998), Dixon and Smith (1990)

^g Aniakchak, south-western Alaska: Denton and Pearce (2008), Beget et al. (1992)

^h Mount Meager Bridge River UA1 (Pebble Creek), south-western British Columbia: Westgate (1977), Leonard (1995)

ⁱ Mount St. Helens P and Y, south-western Washington: Foit et al. (2004), Mullineaux (1996)

^j Mount Mazama, south-western Oregon: Foit et al. (1993), Egan et al. (2015)



Supplementary Figure 2: Relative abundance of K_2O - Fe_2O_3 - CaO in tephra given in Supplementary Table 1. Red squares are shards from Grant's Bog. Circles are tephra standards. Tephra from Glacier Peak (blue circles) are labelled with letters as per Supplementary Table 1.

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